# Ball-Chatham CUSD #5 Extracurricular IESA/IHSA Code for 2020-21

### **TABLE OF CONTENTS**

| GENERAL INFORMATION                 | 2 |
|-------------------------------------|---|
| Philosophy                          | 2 |
| Athletic Activities                 | 2 |
| Glenwood High School (GHS) Sports   | 2 |
| Glenwood Middle School (GMS) Sports | 2 |
| Registration                        | 3 |
| Athletic Participation Fees         | 3 |
| Multiple Sports                     | 3 |
| Tryouts/Cuts                        | 3 |
| Athletic Awards                     | 3 |
| Athletic Academic Eligibility       | 4 |
| Attendance                          | 4 |
| CODE OF CONDUCT                     | 5 |
| Expectations                        | 5 |
| Electronics                         | 5 |
| Specific Offenses                   | 5 |
| Level I:                            | 6 |
| Level 2:                            | 6 |
| Disciplinary Actions                | 6 |
| Dependency Provision                | 7 |
| Truth Clause                        | 7 |
| School Related Disciplinary Actions | 7 |
| Extracurricular Advisory Board      | 8 |
| TITLE IX SEX EQUITY                 | 8 |
| NCAA FLIGIRILITY CENTER             | Ω |

# **GENERAL INFORMATION**

# Philosophy

Interscholastic athletics is an integral part of the student experience. Participation in athletics provides students with an unrivaled opportunity to develop life skills including a strong work ethic, discipline, dedication, teamwork, collaboration, unselfishness, leadership, time management, and how to respond to failures and successes. Winning is an important part of our athletic programs, but only to the extent that it enhances the development of our student-athletes. In addition to developing fundamental skills and knowledge of their sports, our programs are designed to contribute to the student-athlete's physical and mental health and maturity, as well as foster high character and moral values. Participation in athletics is a privilege offered to our students - one that comes with their willingness to accept the responsibilities associated with being part of our programs.

Students must adhere to the following extracurricular code. These rules, approved by the Ball-Chatham Board of Education, guide participating students toward a better understanding of their responsibilities as representatives of the Ball-Chatham school district. Students who elect to represent our school district in extracurricular activities must conduct themselves in a manner that exemplifies the behavior of a law-abiding citizen of the community.

This code applies to all IHSA/IESA extracurricular activities. **The extracurricular code is in effect 24 hours a day, 365 days a year.** Students found in violation of the extracurricular code during the off-season should report to the Director of Athletics prior to tryouts.

### Athletic Activities

Glenwood High School (GHS) Sports

| Baseball              | Football Softball |                           |
|-----------------------|-------------------|---------------------------|
| Basketball – Boys     | Golf – Boys       | Swimming & Diving – Boys  |
| Basketball – Girls    | Golf – Girls      | Swimming & Diving – Girls |
| Bass Fishing          | Dance – Fall      | Tennis – Boys             |
| Cheerleading – Fall   | Dance – Winter    | Tennis – Girls            |
| Cheerleading - Winter | Scholastic Bowl   | Track & Field – Boys      |
| Cross Country – Boys  | Speech            | Track & Field – Girls     |
| Cross Country – Girls | Soccer – Boys     | Volleyball                |
| eSports               | Soccer – Girls    | Wrestling                 |

### Glenwood Middle School (GMS) Sports

| 7 <sup>th</sup> -8 <sup>th</sup> Baseball              | 7 <sup>th</sup> Football                         | 6 <sup>th</sup> -8 <sup>th</sup> Track & Field - Coed |
|--|--|---|
| 6 <sup>th</sup> -8 <sup>th</sup> Basketball – Boys     | 8 <sup>th</sup> Football                         | 6 <sup>th</sup> Volleyball                            |
| 6 <sup>th</sup> -8 <sup>th</sup> Basketball – Girls    | 7 <sup>th</sup> -8 <sup>th</sup> Dance – Fall    | 7 <sup>th</sup> Volleyball                            |
| 7 <sup>th</sup> -8 <sup>th</sup> Cheerleading – Fall   | 7 <sup>th</sup> -8 <sup>th</sup> Dance – Winter  | 8 <sup>th</sup> Volleyball                            |
| 7 <sup>th</sup> -8 <sup>th</sup> Cheerleading - Winter | 7 <sup>th</sup> -8 <sup>th</sup> Scholastic Bowl | 5 <sup>th</sup> -8 <sup>th</sup> Wrestling            |
| 6 <sup>th</sup> -8 <sup>th</sup> Cross Country – Boys  | 5 <sup>th</sup> -6 <sup>th</sup> Speech          |   |
| 6 <sup>th-</sup> 8 <sup>th</sup> Cross Country – Girls | 7 <sup>th</sup> -8 <sup>th</sup> Softball        |   |

### Registration

Registration for athletics is available online (paper forms are also available). Links are provided during school registration and through both the GHS and GMS athletic websites. Students and their parent/guardian(s) are required to read and sign required documents and submit required forms. A student is not allowed to participate until registration is complete and an up-to-date physical is on file with the school nurse.

# **Athletic Participation Fees**

All students participating in an athletic activity at GMS or GHS (including 5th or 6th graders participating in GMS athletics) are required to pay an athletic fee. The fee will be \$100 for one sport and \$150 for multiple sports. If a family has multiple students participating in district athletics, they are charged a maximum fee of \$300. All fees (not just athletic fees) are due prior to the first contest. Checks should be made out to GIS, GMS, or GHS respectively, and are payable in the main office. There are no refunds once the athletic fee has been paid. The fee can be waived if the student qualifies for free lunch. Any students who have financial difficulty and are unable to afford the fees can set up a payment plan with the GMS or GHS offices.

# **Multiple Sports**

Students are encouraged to participate in multiple sports throughout their careers in the Ball-Chatham School District. If a student wishes to participate on more than one school team during the same season, he or she needs permission from both teams' head coaches and the director of athletics. Permission is based on the feasibility of the athlete to attend an acceptable amount of practices and games as determined by the coaches.

# Tryouts/Cuts

Every effort is made by the coaches and athletic department to develop as many athletes as possible on a given team/program. However, coaches may need to limit the number of participants through tryouts/cuts. Coaches are responsible for the selection of specific squad members for competition. If an athlete is cut from a team, he or she may be given permission to join a non-cut team in the same season. Permission will be given on an individual basis by the head coach of the non-cut team.

### Athletic Awards

Students involved in Glenwood Athletics may earn a chenille letter by finishing the season in good standing and meeting certain requirements for participation. The head coach of each sport shall set these requirements. An athlete may receive only one chenille letter at GMS and one chenille letter at GHS. A varsity letter winner will also receive a certificate and appropriate pin. Underclassmen will receive appropriate certificates and patches or numerals.

# Athletic Academic Eligibility

Students participating in an IESA/IHSA extracurricular activity are subject to weekly eligibility requirements. Any student declared scholastically ineligible may practice with the team but is not allowed in uniform for any contest during the period of ineligibility. At the coach's discretion, the student may attend contests, sit on the bench or remain in the player areas, and/or ride the team bus.

Eligibility grades will be pulled from Skyward each week at 8 a.m. on Thursday mornings. Any athlete on the ineligible list will not be allowed to compete in athletic contests during the following week, which is Monday through Saturday. Eligibility is cumulative by semester.

For fall sports, the first eligibility check shall be made following the first full week of attendance at the beginning of the school year. During the succeeding weeks of the school year, the eligibility check shall begin the week prior to the first contest in an activity.

### **GMS/GIS**

Per IESA policy, students must be passing all subjects in order to participate.

### **GHS**

Students must pass five classes (25 credit hours) per week. Students must also have a 1.7 GPA for the previous semester. If a student does not pass five classes from the previous semester, he/she will be academically ineligible for the entire next semester. Student athletes may still practice if the coach and parent(s)/guardian(s) meet and agree that practice is in the best interest of the student. If a student meets the IHSA standards (passing five classes) but not the school standards, he/she may practice until the end of the next quarter. Then if he/she is passing five classes with the required 1.7 GPA, his/her eligibility is restored. This option is not available if team cuts are made.

Any student who is ineligible three consecutive weeks in a season may be dismissed from the team/activity at the discretion of the coach and director of athletics. The athlete should make every effort to bring up his/her grade by utilizing academic assistance provided by the respective schools. Dismissal from the team is always a last resort.

### Attendance

When a student is absent from school any part of the day, he/she may not participate in any extracurricular activity that day with exceptions listed below. The principal or director of athletics may give pre-approval. The following exceptions will be approved:

- Scheduled doctor appointments
- Funerals
- Family emergencies
- Illness student must attend the last half (four class periods) of the day.
- Other: approved by principal and/or director of athletics

If a student is absent part of the day, he/she must sign in at the attendance office immediately upon return.

# **CODE OF CONDUCT**

All rules covered by school handbook and extracurricular code govern all school events (IHSA athletics and activities, IESA athletics and activities, school sponsored events, and clubs/organizations). Violations of these rules, policies, and codes of conduct may result in a student being suspended from participation or as a spectator. All extracurricular code violations are cumulative for a student's entire period of attendance through 8th grade. Upon being promoted from 8th grade, all students start with a clean record. Any and all violations after 8th grade promotion will be cumulative for a student's entire period of attendance through high school graduation.

### Expectations

Students involved in extracurricular activities are expected to exemplify moral character, responsibility, a positive attitude, and dedication at all times. Students involved in extracurricular activities will:

- Display good sportsmanship
- Display a high standard of conduct at all times, not just while participating in extracurriculars
- Demonstrate respect for authorities, teachers, coaches, officials, and sponsors
- Display a spirit of cooperation, and put the needs of the team before individual accomplishments
- Maintain an appropriate appearance when representing Glenwood
- Use appropriate language
- Be financially responsible for equipment, uniforms, etc. where applicable
- Abide by the school handbook
- Abide by all rules set by their individual coach/sponsor

Students in violation of these expectations may be suspended or dismissed from the team at the discretion of the coach or athletic director.

### **Electronics**

Any use of mobile electronic devices is strictly prohibited in locker rooms, bathrooms, whether here or at another facility where a school activity or athletic event is occurring. Mobile electronic devices may never be used in any manner that violates student conduct rules or violates the rights of others. This includes, but is not limited to, the following: (1) using the device to take photographs in locker rooms or bathrooms; (2) creating, sending, sharing, viewing, receiving, or possessing any indecent visual depiction or non-consensual dissemination of private sexual images (i.e., sexting).

# **Specific Offenses**

Participants of extracurricular activities in violation of the following offenses will be dealt with according to the standards listed below. These rules shall be in effect 24 hours a day, 365 days a year. Students are subject to the GHS, GMS, or GIS Disciplinary Code and the Extracurricular Code. In certain situations, students will be subject to discipline from both. Criminal conviction is not a prerequisite to disciplinary

action. Extracurricular code requirements apply to all participating students, even those who have reached the age of 18 or older.

### Level I:

- Use or possession of tobacco products, electronic cigarettes, e-cigarettes, personal vapors, vaporizing pens, controlled substances, alcohol, "look-alike" drugs, drugs, or paraphernalia.
- Theft, vandalism, threats, or other illegal activities

### Level 2:

 Sale or distribution of tobacco products, electronic cigarettes, e-cigarettes, personal vapors, vaporizing pens, controlled substances, alcohol, "look-alike" drugs, drugs, or paraphernalia.

# **Disciplinary Actions**

Disciplinary Actions for extracurricular code of conduct violations are based on a percentage of the total number of games allowed in a season per IHSA and IESA bylaws.

| Sport/Activity   | Offense        | Level 1 Violation  | Level 2 Violation   |
|--|----------------|--|---|
| Baseball   | 1st Offense    | 40% of IHSA/IESA season  | 50% of IHSA/IESA season   |
| Basketball Bass Fishing Cheer - Fall Cheer - Winter Cross Country eSports Football Golf Poms - Fall        | 2nd<br>Offense | Suspension for a calendar<br>year (365 days) from all<br>IHSA/IESA athletics and<br>activities | Suspended for high school career. If violation occurs during middle school career, suspension will be for a calendar year (365 days) from IHSA/IESA athletics and activities. |
| Poms - Winter Soccer Softball Swim & Dive Tennis Track & Field Volleyball Wrestling Scholastic Bowl Speech | 3rd<br>Offense | Suspended for remaining athletic/activities career at high school and middle school.           | Suspended for remaining athletic/activities career at high school and middle school.  |

<sup>\*</sup>If the percentage applied is equal to a partial game/contest/performance, the suspension is rounded up to include that entire game/contest/performance.

For all other extracurricular activities, 1st offense disciplinary action % will be applied to the season schedule for that particular activity.

Disciplinary actions are applied to the student's current athletic season. Suspensions will roll over into the following season of participation if necessary depending on the amount of contests remaining on the schedule (including postseason) at the time of the violation. If a student is academically ineligible for an entire semester (based on previous semester grades), then any athletic code suspension will be enforced once that student's academic eligibility is restored.

Any student who begins a sport or activity under suspension is expected to finish the season in good standing. If that student quits or is removed from the team before completing the season, the suspension will reset and begin anew in the next season in which that student participates.

# **Dependency Provision**

A student who informs a school official of a dependency (not a specific violation) prior to the school being aware of any specific violation of the code **may do so one time** without consequences. The student must undergo professional counseling (paid for by the student and relevant to the dependency). Should the student not comply, first offense consequences will be in effect.

### **Truth Clause**

Any student deemed honest and forthcoming about committing a violation (discretion of school administration) is allowed the opportunity to reduce their suspension. In order to reduce their suspension, the student will have to enter into relevant counseling (paid for by the student). **This option** is available only one time in a career, and only the student's first violation.

### **Truth Clause Consequences Reduction**

|             | Level 1 Violation       | Level 2 Violation       |
|-------------|-------------------------|-------------------------|
| 1st Offense | 20% of IHSA/IESA season | 25% of IHSA/IESA season |

# **School Related Disciplinary Actions**

Whenever a student is subject to school disciplinary actions, additional consequences may be applied by that individual's coach/sponsor. In addition, the following will apply:

- Detentions Detentions are held before and after school. If a student misses any type of extracurricular activity due to a detention, it is considered an unexcused absence for that activity.
- 2. Withdrawal of Privileges Consequences will be at the coach's discretion.
- 3. In-House Detentions/Suspensions Any student serving an in-house detention/suspension will be required to attend practices. However, they will not be allowed to compete in or perform at any contests. They will be allowed to attend with the team, but not dress, nor participate. Coaches/sponsors may assign managerial duties as they see fit.
- 4. Out-of-school Suspensions Any student serving an out-of-school suspension will not be allowed to participate in any extracurricular activity until suspension period is over.

# Extracurricular Advisory Board

This Board is responsible for reviewing appeals of violations of the extracurricular policies. It shall meet at the request of the student and/or parent/guardian(s). Such requests must be made within five school days of the disciplinary ruling. The request must be made with the coach, advisor, director of athletics or principal.

The Board will be composed of the principal or designee, director of athletics, and staff members selected by the administration (excluding the student's coach/advisor). The appeal meeting shall occur at the earliest opportunity.

The process will occur as follows:

- 1. The Board will verify the student has been made aware of the rules.
- 2. The Board will review the nature of violation and consequences.
- 3. The Board may:
  - a. Confirm or dismiss the charges
  - b. Review and/or revise the penalties for a first or second offense
  - c. Recommend outside relevant counseling or rehabilitation (paid for by the student)

# TITLE IX SEX EQUITY

No student shall, based on sex, be denied equal access to programs, activities, or services, or benefits or be limited in the exercise of any right, privilege, advantage, or denied equal access to educational and extracurricular programs and activities.

Any student may file a sex equity complaint by using the Uniform Grievance Procedure. A student may appeal the School Board's resolution of the complaint to the Regional Superintendent of Schools (pursuant to 105 ILCS 5/3-10 of The School Code) and, thereafter, to the State Superintendent of Education (pursuant to 105 ILCS 5/2-3.8 of The School Code).

# NCAA ELIGIBILITY CENTER

Student-athletes desiring to participate in NCAA Division I or Division II athletics must prove academic eligibility through the NCAA Eligibility Center. Requirements include core course completion, minimum core course grade point average, and minimum ACT and SAT scores. More information is available from the Guidance Office.